

# SELENIUM *in Horses*

## Equine Selenium Requirements

In general, the total amount of selenium in a horse's diet should be:

**1-3 mg per day**

for the average-sized horse

## Sources of Selenium

Forage (fresh/dry)

Grain

Supplements

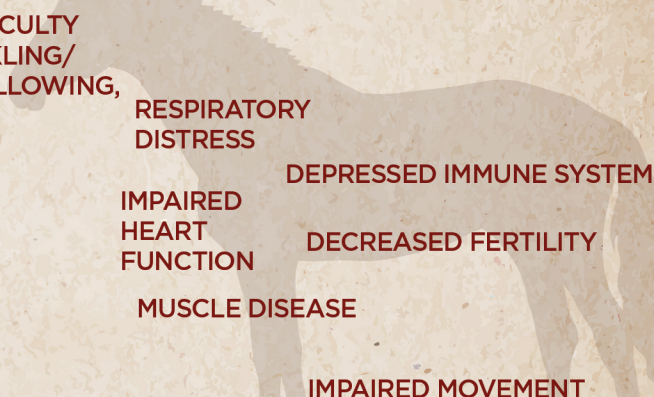
## Selenium and Health

Maintaining the required level of selenium positively affects a horse's health.

IMMUNITY FROM DISEASE  
IMPROVES THYROID FUNCTION  
REPRODUCTIVE HEALTH  
OPTIMAL GROWTH  
IMPROVES MUSCLE FUNCTION

## Selenium Deficiency

If selenium levels are too low, the following symptoms can occur:



DIFFICULTY SUCKLING/  
SWALLOWING,  
RESPIRATORY DISTRESS  
DEPRESSED IMMUNE SYSTEM  
IMPAIRED HEART FUNCTION  
DECREASED FERTILITY  
MUSCLE DISEASE  
IMPAIRED MOVEMENT

## Organic Selenium **25% MORE**

More readily absorbed and therefore more readily available than inorganic selenium



ABSORPTION

THE ORGANIC FORM OF SELENIUM IS COMMONLY KNOWN AS SELENIUM YEAST

100% ORGANIC SELENIUM is included in all of Lyssy & Eckel's Stamina Feeds.



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